

GRACE ABOUNDS

Quarterly News on the Happenings of GRACE Ministries

Winter Issue 2022



What is

GRACE Ministries?

What better way to start our quarterly updates than to give a quick explanation of what GRACE Ministries is and how you can get involved!

In this issue of Grace Abounds, you'll learn all about our beginnings; what we do and why.

“But you, God, see the trouble of the afflicted; you consider their grief and take it in hand. The victims commit themselves to you; you are the helper of the fatherless. You, LORD, hear the desire of the afflicted; you encourage them, and you listen to their cry, defending the fatherless and the oppressed, so that mere earthly mortals will never again strike terror.”

Psalm 10:14, 17-18 NIV

Our theme verse!

G. R. A. C. E.

Girls Recovering As Christ Empowers

GRACE Ministries exists to ensure that each woman who has experienced sexual trauma is cherished through life-giving relationships and to develop her understanding of God's grace, while she is transformed into the woman God designed her to be.

We provide resources for victims of sexual assault and sex trafficking.

We gather small groups of survivors to support each other in the pursuit of healing.

We educate the community about sexual assault and how to minister to the abused.

*Please note we are a **ministry** and NOT a non-profit organization – thus we do not accept monetary donations.

Numbers That Speak Volumes

2

EVERY TWO MINUTES SOMEONE IN THE UNITED STATES IS SEXUALLY ASSAULTED.

25

THE PERCENTAGE OF WOMEN IN THE U.S. WHO HAVE BEEN SEXUALLY ASSAULTED (1 OUT OF EVERY 4 WOMEN)



Quarterly Outreach Project

This quarter's project is to fill a wish list formed by **Rape Response**, a program for the Crisis Center of Jefferson County. Please consider donating an item as well as sharing the QR code with everyone you know. Help us spread the word about their needs! **Scan the QR code today!**



Meet our Team Members . . .



Michelle Price
Founder & Director

Michelle Price is the founder of GRACE Ministries and has used her passion for the social issue of sexual abuse to develop this faith-based ministry dedicated to nurturing women who have been sexually abused.

In her twenties, she was a victim of rape by domestic violence. Her experience makes her a passionate advocate for victims of sexual abuse. Michelle obtained her Certificate in Ministry and Leadership from Highlands College in 2015 and developed the plan for GRACE Ministries with two classmates. She served 3 years on The Junior Board at The WellHouse, a Christ-centered agency dedicated to rescuing women from sexual exploitation/human trafficking. She is a devoted wife, mother, and faithful member of Church of the Highlands. Michelle is employed as an Acute Care Nurse Practitioner and a sexual assault forensic examiner in Birmingham, AL.
(michelle@graceministries.life)

Erica Russell
Social Media Coordinator &
Small Group Leader



Erica is a veteran team member with GRACE Ministries. In early childhood and her late teenage years, she was a victim of sexual abuse. Her experiences have shaped her heart to serve the community of men and women who have faced sexual assault. Erica is a full-time music teacher in Alabama and serves as a worship leader at her local church. She is a strong supporter of The WellHouse, a Christ-centered agency dedicated to rescuing women from sexual exploitation and human trafficking. (erica@graceministries.life)

GRACE for Life



The GRACE for Life Podcast is typically released biweekly on our blog and our Facebook page.

The podcast discusses topics pertaining to walking the healing journey with the LORD's guidance and making choices which lead to LIFE (Living in Freedom Everyday).

Be sure to check it out and spread the word!



Follow our **blog** at
<https://graceministries.life/blog/>.

We regularly post ministry updates, resources on child sexual exploitation, sexual assault, human trafficking, and domestic violence, and original material.

Our Facebook page:
<https://www.facebook.com/graceministries.life>.

Our website:
graceministries.life





GRACE Ministries and Trafficking Hope teamed up to host the **A21 Campaign's Walk for Freedom** event in Birmingham on October 15th. The event was a collective effort led by A21, a global anti-human trafficking organization dedicated to abolishing slavery everywhere, forever. Walk for Freedom is A21's global response to human trafficking, rallying tens of thousands of people in cities around the world to fundraise and participate in a silent, single-file walk to raise awareness about the millions of men, women, and children enslaved today. *The next Walk for Freedom will take place on October 14, 2023.* Mark your calendars and plan to join us!

GRACE Ministries Outreach Team

We just finished a Serve project for 30 sex trafficked women and 5 children housed at The WellHouse, our local human trafficking safehouse.

We delivered over \$4,000 in gifts that included Bibles, journals, coloring books, coffee, tea, chocolate, self-care items, and more.

Check out our current outreach project by scanning the QR code on the front of this newsletter.



The World Games 2022 BIRMINGHAM, USA

To prepare for the World Games in Birmingham in July of 2022, GRACE Ministries provided **education** to the healthcare providers at Birmingham Pulmonary Group about red flags to watch for during the medical examination to assist with recognition and identification of human trafficking victims.

GRACE Groups

GRACE Groups gather a community of survivors to support each other in their pursuit of God and the healing He offers.

These groups are based on four pillars: Confidentiality, Support, Healing, & Community.

Confidentiality: Groups are based on confidentiality. It is expected and reciprocated, thus creating a safe environment.

Support: You are not alone! Journey together with women who can relate to you. We encourage each other as we find strength and healing.

Healing: Is found as we present our wounds to God and allow Him to heal us. You will see peace, healing, and strength as it is presented in Scripture.

Community: We strive to create a community which is part of your life as you keep moving forward. We share life with each other through the ups and downs, and the victories and struggles.

The groups utilize the GRACE Curriculum as a guide to the healing process.

Two ways to register for a group:

Our website :

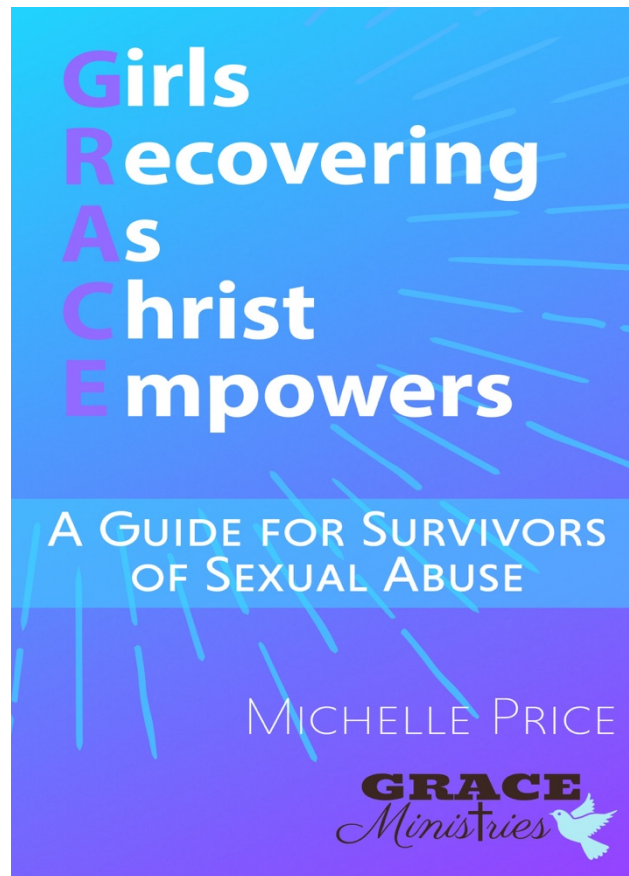
<https://graceministries.life/contact-us/>

or through the Church of the Highlands small group registry :

<https://www.churchofthehighlands.com/groups>.



The spring semester of
GRACE Group will
launch in February of 2023!



GRACE Curriculum

This 10-week Bible study curriculum designed specifically for women seeking healing from sexual abuse includes topics such as identity, shame, forgiveness, spiritual battles, healing, boundaries, purity, and fulfillment. The study is available in a self-guided format for purchase at <https://graceministries.life/curriculum/>

